

SERENITY HOT CHOCOLATE

VITA-SOL
NATURAL VITALITY SOLUTIONS



SERENITY HOT CHOCOLATE

A healthy, evening chocolate ritual to combat after dinner sweet cravings, induce inner calm and relaxation and support hydrated, glowing skin.

Naturally, sourced marine magnesium for enhanced bioavailability boosted with calming and mood boosting amino acids Glycine and L. Tryptophan, calming Californian Poppy , Tremella mushroom and naturally sourced Vitamin C from Acerola Cherry for radiant, hydrated skin.

With just 18 calories per serve, it helps you wind down after dinner, curb sweet cravings, prepare your body for deep restorative sleep and support glowing skin overnight. Rest well, wake radiant.

Free from artificial sweeteners, emulsifiers, and bulking agents.



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THE BENEFITS OF SERENITY HOT CHOCOLATE..

- Naturally sourced marine magnesium (Aquamin™) for deep muscle relaxation, hormone and sleep support
- Glycine and L-Tryptophan — calming and mood boosting amino acids to quiet the mind and promote inner calm and restorative sleep.
- Organic Tremella Mushroom — an adaptogen supporting immune system health and skin hydration
- Californian Poppy botanical extract to promote calm naturally
- Natural Vitamin C from Organic Acerola Powder for antioxidant skin support
- Only 18 calories per serve — a guilt-free after-dinner ritual
- Wholefood, multi-active concentrate with a rich natural chocolate taste
- Free from artificial sweeteners, emulsifiers, and maltodextrin



INGREDIENTS...

Made with:

- Cocoa Powder (non-alkalised)
- Glycine
- Natural Marine Magnesium (Aquamin™)
- Natural Chocolate Flavour, Organic Acerola Powder*
- Organic Tremella Mushroom Powder*
- L-Tryptophan
- Fine Australian Salt, California Poppy Extract Powder, Stevia Extract Powder.

**Certified Organic*

Made without:

- No GMO, eggs, nuts, gluten, dairy, synthetic vitamins, artificial ingredients, colours, preservatives or additives. Tested for toxic heavy metal safety.

NUTRITION INFORMATION*		
Servings per container: 30 Serving size: 6g		
Typical Composition	Av. quantity per 6g	Av quantity per 100g
Energy (kj)	77kj	1290kj
(kcal)	18kcal	308kcal
Protein (on dry weight)	2.3g	38.9g
Fat		
-total	0.4g	5.9g
-saturated	0.2g	3.5g
Carbohydrates		
-total	0.9g	15.5g
-sugars	0.2g	3.8g
Dietary fibre	1.2g	20g
Sodium	40mg	664mg
Potassium	76mg	1267mg
Magnesium	180mg	3000mg
Vitamin C	40mg	667mg

*Calculated manually using FSANZ NPC based on supplier information.



SERENITY HOT CHOCOLATE

PM Support, Relaxation, Mood & Sweet Cravings

Aquamin™

Naturally sourced marine magnesium (Aquamin™) for deep muscle relaxation, hormone and sleep support

Glycine and L-Tryptophan

Calming and mood boosting amino acids to quiet the mind and promote inner calm and restorative sleep.

Organic Tremella Mushroom

An adaptogen supporting immune system health and skin hydration

Acerola Cherry

Very high in Vitamin C and polyphenols. Contains iron, B3, B2, B1. Contributes to cell protection from free radical damage.



Organic
fruit &
veg

Emulsifier
Free

Vegan

Gluten
Soy, Dairy
& Sugar
free

* For the purpose of stockist training aid only. Not to be considered marketing material.



Californian Poppy botanical extract
To promote calm naturally.

Only 18 calories per serve
A guilt-free after-dinner ritual.

Clean ingredients
No: GMO, eggs, nuts, gluten, dairy, synthetic vitamins, artificial ingredients, flavours, colours, preservatives, emulsifiers or additives.

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HOW TO USE...

Mix 2 level teaspoons (6g) into 200mL of hot water and a splash of milk. For extra richness, use all milk of your choice.

A simple, satisfying ritual that I look forward to every evening, I simply cannot live without Serenity Hot Chocolate now.

Fiona Tuck, Founder VITA-SOL





INGESTIBLE SKIN SUPPORT

More information:



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