

## X SERUM - NMN

### Energy Activating for Ageing Skin

10 x 10mL Vials

NMN Serum is part of the X Focused Serum range which is a series of professional serums designed to work with Iceneedles. Each ingredient addresses unique skin concerns allowing you to tailor treatments to meet specific client needs.

#### WHO IS THIS FOR?

Clients whose lifestyle and stress levels are showing on the skin in the form of a dull, lacklustre complexion with dehydration and uneven skin tone.

Best for:

- Clients with dull, tired, or ageing skin needing a cellular energy boost.
- Clients exposed to UV and excessive levels of free radicals (smoking, pollution, medication)
- Preventative anti-ageing for younger clients.
- Those with a stressful lifestyle NMN will delay the onset of skin ageing.
- Skin exposed to stress, showing signs of reduced vitality and radiance.

#### BENEFITS & FEATURES

- Boosts NAD levels: NMN is directly converted into NAD. NAD is vital for energy production (ATP synthesis) in the cells mitochondria.
- NAD activates enzymes that repair damaged DNA caused by UV exposure and oxidative stress. Protecting against premature ageing.
- NAD activates sirtuins, a family of proteins that promote cell longevity and reduce inflammation.
- Provides a cellular energy boost for skin that is dull, tired or ageing

#### KEY INGREDIENTS

- **Nicotinamide Mononucleotide (NMN)** - Improves skin health by boosting hydration, elasticity, and reducing signs of ageing like wrinkles and fine lines.
- **Fomes officinalis mushroom** - A yeast-rich polypeptide that delivers nutrients that supports skin health.
- **Cyanocobalamin (Vit B12)** - Promotes cell regeneration, improving hydration and reducing inflammation.
- **Licorice Root** - Soothing and brightening
- **Sodium Hyaluronate** - Moisturises and provides instant hydration



BIO  
NEEDLING  
EFFECTIVE

# BIO NEEDLING

## USAGE RECOMMENDATIONS

### SALON USE

1. Take 1 piece of Iceneedles powder and 1 piece of NMN Serum, mix them together well in a sterilised bowl to form a gel.
2. Use a mild product to prepare and cleanse the skin, then disinfect with normal saline or GERnetic Sebo GER
3. Apply evenly to the skin. Massage in a circular motion using a press-pull technique. In more sensitive areas gently pat or press into the skin. Continue for 5- 10 minutes until it is well absorbed.
4. Skin cooling & mask application: any remaining product is suggested to be left on the skin and a mask to be applied over the top. Suggested masks are Spongilla Tech Ice Calming or Sequential Skin Calming sheet mask. Leave to act for 15 minutes.
5. Remove any excess product with dampened fibrella.
6. Finish with Skin Repair Gel or GERnetic Calming Care and Synchro cream to soothe and calm the skin and boost skin renewal.