



**nimue**  
SKIN TECHNOLOGY

# NIMUE PROFESSIONAL TOOLKIT

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Your Nimue “go to” .....

This is your quick and easy access to Nimue Professional!

Improve your professional skills and ensure that you follow the correct Nimue treatment protocols at all times.

**End results:**

Confidence...

Satisfied client...

Improved sales!

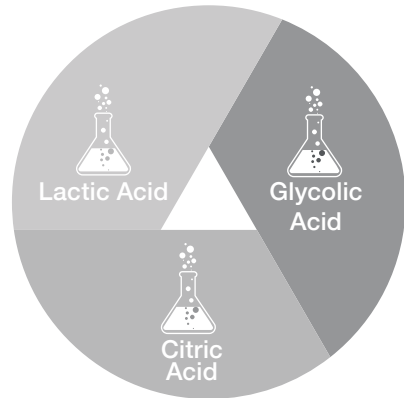
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# NIMUE PROFESSIONAL TREATMENTS

Nimue's unique Alpha Hydroxy Acid usage approach

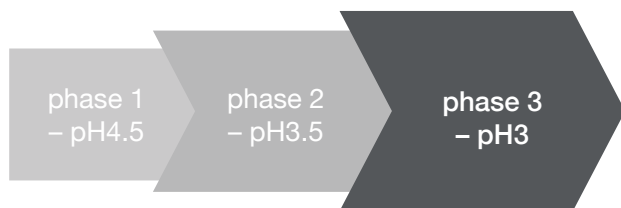
Skin Health Cycle



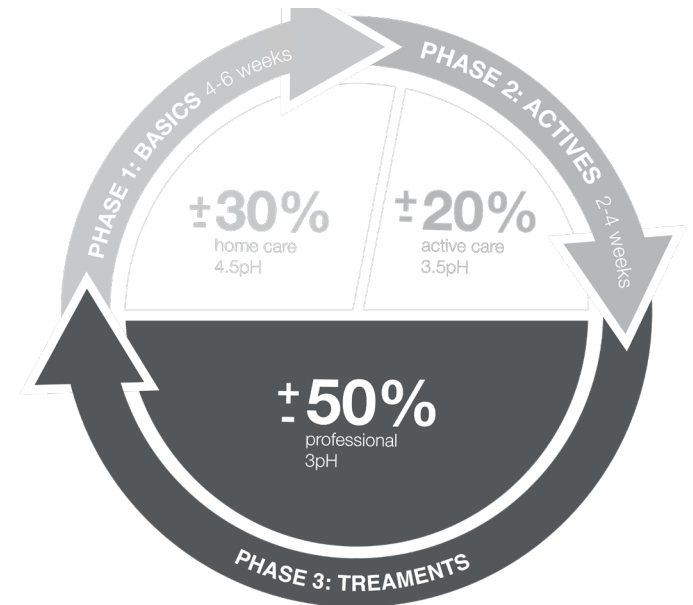
- triple combination:**
- hydration
  - rejuvenation
  - lightening and brightening



**concentration**



**strength**



# PROFESSIONAL CONSULTATION

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It is Nimue protocol that all new clients must complete and sign a prescribed Nimue Client Consultation Form as well as a Nimue Client Consent Form. This should be done together with the Nimue skin treatment professional and is a prerequisite to a successful Nimue Skin Health Programme.

A walk-in client, who may just want to purchase products, also has to complete the prescribed Nimue Client Consultation Form in order for the Skin Treatment Professional to have a full understanding of their skin and the appropriate products to prescribe.

## Objective of the consultation

### **Benefits for the Nimue Skin Treatment Professional:**

- Opportunity to introduce Nimue's philosophy to the client.
- Gather as much information about the client as possible, allowing a professional diagnosis from a greater knowledge base.
- Establish the cause of the client's skin condition so as not to treat according to symptoms only.
- To decide which treatment to perform and to determine the treatment course accordingly.
- To evaluate which products to use and recommend a customised Phase 1 and 2 programme.
- If a proper consultation was performed and an allergic reaction occurs, the Skin Treatment Professional cannot be held responsible.
- These are compulsory documents declaring that the client has disclosed as to whether they are potentially contra-indicated to any products or treatments and that all the treatment prescriptions/procedures are understood.

### **Benefits for the client:**

- Eliminate unrealistic client expectations.
- Achieve total client satisfaction.
- Prevent the use of products for treatments unsuitable for the client's skin condition.
- Achieve maximum results for optimum skin health restoration.

# PROFESSIONAL CONSULTATION

## Nimue Client Consultation Form

### CLIENT CONSULTATION FORM



#### CLIENT INFORMATION (CLIENT TO COMPLETE THIS SECTION)

Name and Surname:	
Physical/Postal Address:	
Mobile Number:	
Email Address:	
Occupation:	
Date of Birth:	
Date of Consultation:	Therapist:

#### CLIENT HISTORY

Current skin care range: \_\_\_\_\_

Hormonal imbalance	<input type="checkbox"/> Yes <input type="checkbox"/> No	Smoker	<input type="checkbox"/> Yes <input type="checkbox"/> No	Skin resurfacing/Chemical peels (in the last 4 weeks)	<input type="checkbox"/> Yes <input type="checkbox"/> No
Pregnant	<input type="checkbox"/> Yes <input type="checkbox"/> No	Skin cancer	<input type="checkbox"/> Yes <input type="checkbox"/> No	Botulinum Toxin injections/Fillers (in the last 4 weeks)	<input type="checkbox"/> Yes <input type="checkbox"/> No
Breastfeeding	<input type="checkbox"/> Yes <input type="checkbox"/> No	IPL/Laser (in the last 4 weeks)	<input type="checkbox"/> Yes <input type="checkbox"/> No	Waxing/Electrolysis (in the last 3 days)	<input type="checkbox"/> Yes <input type="checkbox"/> No

Medical Conditions/Surgery in the past year:

Medication (Tretinoin, Accutanes, Cortisone, Thyroid Medication, and/or other medication): \_\_\_\_\_

Allergies (Aspirin, Latex, AHA in skin care products): \_\_\_\_\_

#### SKIN ASSESSMENT

Choose the skin classification based on the most identified areas of concern. (If any of the Interactive choices are marked, the client will start on the Interactive range and gradually move to the AHA based products from lowest to highest concentration)

Environmentally Damaged	Hyperpigmented	Problematic	Sensitive
Areas with oiliness <input type="checkbox"/>	Dark pigmented areas <input type="checkbox"/>	Excessive oil <input type="checkbox"/>	Rosacea <input type="checkbox"/>
Areas with dryness <input type="checkbox"/>	Light pigmented areas <input type="checkbox"/>	Continuous break-outs <input type="checkbox"/>	Eczema <input type="checkbox"/>
Areas of redness <input type="checkbox"/>	Melasma/Chloasma <input type="checkbox"/>	Occasional break-outs <input type="checkbox"/>	Psoriasis <input type="checkbox"/>
Age spots <input type="checkbox"/>	Post inflammatory hyperpigmentation <input type="checkbox"/>	Inflammation <input type="checkbox"/>	Dermatitis <input type="checkbox"/>
Lines/wrinkles <input type="checkbox"/>	Dehydration <input type="checkbox"/>	Enlarged pores <input type="checkbox"/>	Diabetes <input type="checkbox"/>
Sagging skin <input type="checkbox"/>		Blackheads <input type="checkbox"/>	Sensitisation/redness <input type="checkbox"/>
Uneven/rough skin texture <input type="checkbox"/>		Whiteheads <input type="checkbox"/>	Thin/fragile skin <input type="checkbox"/>
Irregular pigmentation <input type="checkbox"/>		Dehydration <input type="checkbox"/>	Dehydration <input type="checkbox"/>
Dehydration <input type="checkbox"/>	Client's skin concern: _____		

Please note that in order for Nimue to engage with you, it will have to process certain Personal Information and Special Personal Information. By providing us with the required Personal Information and Special Personal Information, such act will be taken that you agree with the provisions where applicable and that you give consent to the processing by us of your Personal Information.

I hereby confirm that the above information is correct and consent to the recommended treatment plan.

Client signature: \_\_\_\_\_ Therapist signature: \_\_\_\_\_ Date: \_\_\_\_\_

#### NIMUE TREATMENT PLAN

Active and Support Treatments (Phase 1 & Non-Nimue Users)					
	Smart Micropeel	Introductory Active Rejuvenation Treatment (3-5 min only)	Thermal Detox Peel	Therapeutic Treatment	Deep Cleanse Treatment
Date					
Super Fluid/s					
Nimue-TDS™					
Mask					

Active Treatments (Phase 1 & Phase 2 Nimue Users)								
	Active Rejuvenation Treatment	35% Glycolic Treatment	7.5% TCA Treatment (non EU countries)	Nimue-SRC™ ED Treatment	Nimue-SRC™ HP Treatment	Nimue-SRC™ P Treatment	Smart Resurfacer	Micro-needling Treatment
Date								
Layers/Min								
Super Fluid/s								
Nimue-TDS™								
Mask								
Date								
Layers/Min								
Super Fluid/s								
Nimue-TDS™								
Mask								

#### NIMUE PRODUCT PLAN

Basics	Day Fader Plus	Fader Serum	Nimue-TDS™ Environmentally Damaged
Cleansing Gel	Night Fader Plus	Soothing Repair Serum	Nimue-TDS™ Hyperpigmented
Conditioner	<b>Sun Protection</b>	Hyaluronic UltraFiller Serum	Nimue-TDS™ Problematic
Cleansing Gel Lite	Sun-C SPF 40	Retinal Power+ Serum	Nimue-TDS™ Sensitive
Conditioner Lite	Sun-C Tinted SPF 40 (L,M,D)	<b>Additives</b>	Hyaluronic Oil
Exfoliating Enzyme	Sun-C Environmental Shield SPF 50	Eye Serum	Skinbiotic Moisture Mist
Nimue Day	Element Barrier	Anti-Ageing Eye Cream	<b>Age Intelligent</b>
Nimue Night	<b>Actives</b>	Rejuvenating Mask	a.i Day Cream
Multi Day Plus	Active Lotion	Purifying Mask	a.i Night Cream
Multi Night Plus	Active Resurfacing Wipes	Super Hydrating Mask	a.i Eye Serum
Moisturiser Lite	<b>Boosters</b>	ThermoFlash Peel	a.i Face Serum
Daily Calm & Restore	Radiance Serum	Anti-Ageing Leave On Mask	
Purifier Day	Anti-Ageing Serum	Skin Refirmer	
Purifier Night	Super Hydrating Serum	Hydrolip Protection	
Day Fader	Purifying Serum	Pre & Post Serum	
Night Fader			

# PROFESSIONAL CONSULTATION

## Nimue Client Consent Forms

### CLIENT INFORMATION AND CONSENT FORM



#### NIMUE REJUVENATION TREATMENTS – non EU countries only

(To be completed between Salon and Client before treatment)

Client name: \_\_\_\_\_ Therapist: \_\_\_\_\_  
 Client address: \_\_\_\_\_  
 Email address: \_\_\_\_\_ Tel No.: Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_  
 Date of birth: \_\_\_\_\_ under 21  21 – 30  31 – 40  41 – 50  50 +  Male / Female  M  F

Smart Micropeel	Introductory Active Rejuvenation Treatment (3-8 min only)	35% Glycolic	7.5% TCA	Thermal Detox Peel
<b>INDICATIONS</b>				
<input type="checkbox"/> Sensitive, sensitised and/or inflamed skin	<input type="checkbox"/> Environmentally damaged skin	<input type="checkbox"/> Mature, delicate and dry skin conditions	<input type="checkbox"/> Acne & acne scarring	<input type="checkbox"/> All Nimue skin classifications
<input type="checkbox"/> All skin classifications	<input type="checkbox"/> Hyperpigmented skin		<input type="checkbox"/> Photoaged skin	<input type="checkbox"/> Dull complexion
	<input type="checkbox"/> Problematic skin		<input type="checkbox"/> Hyperpigmented skin	<input type="checkbox"/> Rough textured skin
			<input type="checkbox"/> Dilated pores/Sallow complexion	<input type="checkbox"/> Fine lines & wrinkles

Nimue-SRC™ Environmentally Damaged	Nimue-SRC™ Hyperpigmented	Nimue-SRC™ Problematic	Smart Resurfacer
<b>INDICATIONS</b>			
<input type="checkbox"/> Environmentally damaged skin	<input type="checkbox"/> Hyperpigmentation	<input type="checkbox"/> Problematic skin (Acne & Acne prone)	<input type="checkbox"/> Ageing/photoaged skin
<input type="checkbox"/> Fine lines & wrinkles	<input type="checkbox"/> Environmentally damaged skin	<input type="checkbox"/> Oily, congested skin conditions	<input type="checkbox"/> Hyperpigmented skin
			<input type="checkbox"/> Problematic skin
			<input type="checkbox"/> Rough textured skin

<b>CONTRA-INDICATIONS</b>			
<input type="checkbox"/> Must be used with caution on darker skins and phototypes IV, V, VI	<input type="checkbox"/> Very Sensitive skin and severe capillaries	<input type="checkbox"/> Dermatitis/Eczema	<input type="checkbox"/> Use of Accutanes (oral Vitamin A) in the past 6 months
<input type="checkbox"/> Active skin lesions or any skin infection	<input type="checkbox"/> Waxing, electrolysis, shaving or use of depilatory creams in the past 3 days	<input type="checkbox"/> Facial surgery in the past 8 weeks	<input type="checkbox"/> Use of Isotretinoin/Tretinoin (topical Vitamin A) in the past 3 months
<input type="checkbox"/> Allergy to Aspirin (contra-indicated for Nimue-SRC™ Problematic & Smart Resurfacer)	<input type="checkbox"/> Skin cancer - avoid any treatments until a medical consent form is presented	<input type="checkbox"/> Botox/Fillers in the past 4 weeks	<input type="checkbox"/> Use of Cortisone, skin resurfacing lasers or deep peeling procedures in the past 8 weeks

I, \_\_\_\_\_, consent to the treatment known as \_\_\_\_\_ (select one of above treatments). The effect and nature of the treatment to be given as well as possible alternative methods of treatment, have been fully explained to me. I am advised that though good results are expected, they cannot and are not guaranteed to be effective, nor can there be any guarantee against untoward results. I am fully aware of the risk, if any and accept that Nimue shall not be held responsible for any damage, loss or liability incurred or suffered resulting from my participation.

- I have been informed fully and properly that, following any of the above treatment procedures, the following might occur:
- Some skin discomfort during and after the procedure such as, tingling, itching, burning, lightness, dry patches and flaking or peeling of superficial layer of the skin.
  - Temporary skin reddening.
  - Breakouts resulting from the treatment procedure, which can be managed with home care.
  - These manifestations will gradually diminish over the course of a week. However, some clients might react differently and experience very few side effects or no flaking or peeling. Although rare, the skin may be uncomfortable and look like very bad sunburn. The flaking usually lasts about 3 to 7 days, although it might vary.
  - I have been advised to follow the prescribed application of Nimue home care products and that without daily use of sunscreen the treatment for my condition might fail.
  - Both the Salon and Nimue, where applicable, undertake to keep all of the information contained herein confidential and shall not disclose such information to any third parties, other than where reasonably required to do so by law or as otherwise authorised by the Client.
  - I understand that there is a small incidence of the reactivation of "cold sores" (herpes infection) in clients with a prior history of herpes. There is also an incidence of the flare up of acne-like lesions resulting from the peel.

Please note that in order for Nimue to engage with you, it will have to process certain Personal Information and Special Personal Information. By providing us with the required Personal Information and Special Personal Information, such act will be taken that you agree with the provisions where applicable and that you give consent to the processing by us of your Personal Information.

Signed on this the \_\_\_\_\_ day of \_\_\_\_\_ 20\_\_\_\_  
 Client's Name: \_\_\_\_\_ Therapist Name: \_\_\_\_\_  
 Client's Signature: \_\_\_\_\_ Therapist Signature: \_\_\_\_\_  
 Staff Witness Name: \_\_\_\_\_ Signature: \_\_\_\_\_  
 On behalf of the Salon: \_\_\_\_\_ (Salon name): \_\_\_\_\_

### CLIENT INFORMATION AND CONSENT FORM



#### NIMUE MICRONEEDLING TREATMENTS

(To be completed between Salon and Client before treatment)

Client name: \_\_\_\_\_ Therapist: \_\_\_\_\_  
 Client address: \_\_\_\_\_  
 Email address: \_\_\_\_\_ Tel No.: Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_  
 Date of birth: \_\_\_\_\_ under 21  21 – 30  31 – 40  41 – 50  50 +  Male / Female  M  F

<b>INDICATIONS</b>	
<input type="checkbox"/> Superficial scarring	<input type="checkbox"/> Uneven skin tone & texture
<input type="checkbox"/> Fine lines & wrinkles	<input type="checkbox"/> Enlarged pores
<input type="checkbox"/> Loss of elasticity	<input type="checkbox"/> Skin with signs of sun damage
<b>CONTRA-INDICATIONS</b>	
<input type="checkbox"/> Must be used with caution on darker skins and phototypes IV, V, VI	<input type="checkbox"/> Use of Accutanes (oral Vitamin A) in the past 6 months
<input type="checkbox"/> Use of Cortisone, skin resurfacing lasers or deep peeling procedures in the past 8 weeks	<input type="checkbox"/> Use of Isotretinoin/Tretinoin (topical Vitamin A) in the past 3 months
<input type="checkbox"/> Very sensitive skin and severe capillaries	<input type="checkbox"/> Active skin lesions or any skin infection
<input type="checkbox"/> Facial surgery in the past 8 weeks	<input type="checkbox"/> Botulinum Toxin injections/Fillers in the past 4 weeks

By affixing my signature to this Client Consent Form, I, \_\_\_\_\_

1. hereby acknowledge and confirm that:
- 1.1 The skin treatment professional (the "Professional") is certified by Nimue Skin to perform the Microneedling Skin Treatment;
  - 1.2 The Professional has opened a new Microneedle Roller from the sterile, sealed package in my presence and to my satisfaction, for my sole treatment;
  - 1.3 The Professional has conveyed to me that the Microneedle Roller must only be used for my specific 6 part treatment.
  - 1.4 The Microneedle Roller should only be used for my sole treatment and would be disposed of after 6 treatments;
  - 1.5 The Microneedle Roller would be sterilised before and after each treatment in my presence, in accordance with Nimue Skin's procedural specifications; and
  - 1.6 The Microneedle Roller would be stored in a sealed container, specifically and clearly displaying my name and treatment dates;
2. Further acknowledge and confirm that:
- 2.1 I have received home care instructions as to how to care for my skin following my treatment and understand that by following the correct instructions, my results would be enhanced;
  - 2.2 I understand and acknowledge that I could experience redness for a period after the treatment and that my skin could feel tender and/or sensitive for 1 to 2 days following treatment; and
  - 2.3 A minimum course of 6 treatments, at monthly intervals, is required and that the results could only be visible after a minimum of 6 weeks;
3. Based on the above, acknowledge and confirm that:
- 3.1 I have been properly addressed and informed regarding the procedures and benefits of the Microneedling Skin Treatment programme;
  - 3.2 I hereby wish to proceed with the treatment; and
  - 3.3 The Salon and the Professional have taken all reasonable steps and precautions to ensure that I have been properly informed of the procedures and benefits of the Microneedling Skin Treatment and to ensure my safety in administering the treatment; and
4. I hereby acknowledge and agree to hold the Salon and/or the Professional harmless against any injury which could be sustained.

Please note that in order for Nimue to engage with you, it will have to process certain Personal Information and Special Personal Information. By providing us with the required Personal Information and Special Personal Information, such act will be taken that you agree with the provisions where applicable and that you give consent to the processing by us of your Personal Information.

Signed on this the \_\_\_\_\_ day of \_\_\_\_\_ 20\_\_\_\_  
 Client's Name: \_\_\_\_\_ Therapist Name: \_\_\_\_\_  
 Client's Signature: \_\_\_\_\_ Therapist Signature: \_\_\_\_\_  
 Staff Witness Name: \_\_\_\_\_ Signature: \_\_\_\_\_  
 On behalf of the Salon: \_\_\_\_\_ (Salon name): \_\_\_\_\_

# PROFESSIONAL CONSULTATION

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## Transitional Period

When introducing the Nimue Skin Treatment Range or after a Nimue Active Treatment, a **temporary condition** called the **Nimue Transitional Period** may occur.

This is a **normal**, temporary condition due to the introduction of specific active ingredients that have a **positive effect** on the **function** and **structure** of the skin.

Clients must **persevere** with the Nimue Skin Care Range as prescribed during this Transitional Period in order for the skin's function to normalise and to ultimately achieve optimum skin health.

### **Typical symptoms that clients might experience during the Transitional Period:**

- Excessive oiliness
- Excessive dryness or slight flakiness
- Breakouts and/or underlying congestion
- Increased sensitivity
- Hyperpigmentation and capillaries may appear more visible due to the exfoliation process but this will normalise in time.

Depending on the individual's skin health and previous skin regime, a client may experience one or all of the above symptoms. These temporary conditions, if experienced at all, may be visible within the first 2-4 weeks of use and may last for an estimated 4-6 weeks. A devitalised skin may experience a prolonged or heightened Transitional Period, which will take longer to respond to the many benefits of Nimue products and treatments.

Should the Transitional Period continue for 3-6 months, which is extremely unlikely, the client's current product prescriptions may need to be altered to facilitate this period.

# PROFESSIONAL CONSULTATION

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## General Contra-indications to Nimue Treatments

- Very sensitive skin and severe capillaries
- Dermatitis/Eczema
- Avoid Nimue Professional treatments for a minimum of 2 weeks and maximum of 8 weeks before and after IPL, laser, skin resurfacing and chemical peel procedures (dependant on the intensity of the treatment results)
- Avoid Nimue Professional treatments when using Cortisone, Isotretinoin, Accutanes
- Active skin lesions or any skin infections
- Waxing, electrolysis, shaving or use of depilatory creams in the past 3 days
- Allergy to Aspirin - Nimue-SRC™ Problematic treatment, Smart Resurfacer and Purifying Mask
- Botulinum Toxin injections and/or fillers - Wait 2-4 weeks after the Botulinum Toxin injections and fillers, before having a Nimue treatment. Botulinum Toxin injections and fillers can be done 3 days after a Nimue Professional Treatment.
- Skin cancer - avoid any treatments until a medical consent form is brought in.
- Treatments must be used on caution on darker skin and Phototypes iv, v and vi (4, 5 and 6).
- Facial surgery in the last 8 weeks (dependent on skin recovery and healing).

*(For more specific contra-indications for individual treatments, please refer to the respective training manual. Nimue treatments must be used with caution.)*



<b>Gauze Swabs</b>	<b>100 pieces</b>
<ul style="list-style-type: none"> <li>• Use in every treatment for additional exfoliation benefits</li> <li>• Ideal to remove Nimue Cleansing Gel or Exfoliating Enzyme</li> <li>• Ideal to apply Nimue Conditioner</li> </ul>	



<b>Disposable Compress</b>	<b>100 pieces</b>
<ul style="list-style-type: none"> <li>• May be used in every treatment</li> <li>• Can be used to remove Nimue Exfoliating Enzyme and masks</li> <li>• Can be used to remove Nimue Smart Micropeel, Thermal Detox Peel, Bio-Active Complex, 35% Glycolic Peel, Nimue-SRC™ and Smart Resurfacer</li> </ul>	



<b>Cleansing Gel</b>	<b>500ml</b>	<b>Main Ingredients</b>	<b>pH 4.5</b>
<ul style="list-style-type: none"> <li>• Soap-free, creamy gel cleanser</li> <li>• Gently hydrates</li> </ul>		<ul style="list-style-type: none"> <li>• 1.4% Triple AHA Complex</li> </ul>	



<b>Conditioner</b>	<b>500ml</b>	<b>Main Ingredients</b>	<b>pH 4.5</b>
<ul style="list-style-type: none"> <li>• Improves texture</li> <li>• Degreasing and deep cleansing</li> <li>• Anti-bacterial and anti-inflammatory</li> </ul>		<ul style="list-style-type: none"> <li>• 7% Triple AHA Complex</li> </ul>	



<b>Hydrolip Protection</b>	<b>5g</b>	<b>Main Ingredients</b>	<b>pH 5.5</b>
<ul style="list-style-type: none"> <li>Leaves a protective and soothing film on the skin (specific areas of mucous membranes)</li> </ul>		<ul style="list-style-type: none"> <li>Vitamin E Ester</li> <li>Allantoin</li> </ul>	



<b>Exfoliating Enzyme</b>	<b>500ml</b>	<b>Main Ingredients</b>	<b>pH 5.5</b>
<ul style="list-style-type: none"> <li>Non-irritating, non-abrasive enzymatic exfoliation</li> <li>Refines skin texture</li> </ul>		<ul style="list-style-type: none"> <li>Papaya Enzymes</li> <li>Pineapple Enzymes</li> </ul>	



<b>Sterilising Solution</b>	<b>500ml</b>	<b>Main Ingredients</b>	
<ul style="list-style-type: none"> <li>Disinfectant solution for sterilisation of Nimue Microneedle Roller before and after every treatment</li> </ul>		<ul style="list-style-type: none"> <li>Chlorhexidine 0.5% in Alcohol 70%</li> </ul>	



Smart Micro Peel	30ml	Main Ingredients	pH 3.5
<ul style="list-style-type: none"> <li>• Skin rejuvenation and gentle exfoliation</li> <li>• Balances the skin microbiome</li> <li>• Improves barrier function</li> <li>• Calms the skin, reducing inflammation</li> </ul>		<ul style="list-style-type: none"> <li>• 6% Mandelic Acid</li> <li>• 4% Lactobionic Acid</li> <li>• Glycyrrhetic Acid</li> <li>• Daucus Carota Sativus</li> </ul>	



Thermal Detox Peel	30ml	Main Ingredients	pH 4.5
<ul style="list-style-type: none"> <li>• Detoxifies and exfoliates</li> <li>• Reduces pore size</li> <li>• Enhances radiance</li> <li>• Softens and smooths skin texture</li> </ul>		<ul style="list-style-type: none"> <li>• Foaming Agent Complex</li> <li>• Charcoal Powder</li> <li>• Warming Agent</li> <li>• Pumpkin Enzyme</li> <li>• AHA's</li> </ul>	



Bio-Active Complex	125ml	Main Ingredients	pH 3.0
<ul style="list-style-type: none"> <li>• Skin rejuvenation and renewal</li> <li>• Optimises penetration of homecare ingredients</li> </ul>		<ul style="list-style-type: none"> <li>• 15% AHA Complex</li> <li>• Eucalyptus Oil</li> </ul>	



35% Glycolic Peel	4ml	Main Ingredients	pH 3.0
<ul style="list-style-type: none"> <li>• Improves skin texture</li> <li>• Enhances penetration of active treatments</li> </ul>		<ul style="list-style-type: none"> <li>• 35% Glycolic Acid</li> <li>• Eucalyptus Oil</li> </ul>	



7.5% TCA Peel	5ml	Main Ingredients	pH 2.8
<ul style="list-style-type: none"> <li>• Rapidly removes superficial layers of stratum corneum</li> <li>• Prepares the skin for better penetration of active ingredients</li> <li>• Enhances the skin rejuvenation process</li> </ul>		<ul style="list-style-type: none"> <li>• 7.5% Trichloroacetic Acid</li> </ul>	



Nimue-SRC™ Environmentally Damaged		4ml
<ul style="list-style-type: none"> <li>Reduces fine lines and wrinkles</li> <li>Smooths skin</li> <li>Refines skin texture and reduces the appearance of enlarged pores</li> </ul>		

Main Ingredients	pH 3.0
<ul style="list-style-type: none"> <li>Lactic Acid</li> <li>Glycolic Acid</li> <li>Citric Acid</li> <li>Mandelic Acid</li> <li>Pyruvic Acid</li> </ul>	



Nimue-SRC™ Hyperpigmented		4ml
<ul style="list-style-type: none"> <li>Reduces inflammatory process to prevent post inflammatory hyperpigmentation</li> <li>Skin exfoliation and renewal</li> <li>Brightens the skin</li> </ul>		

Main Ingredients	pH 3.0
<ul style="list-style-type: none"> <li>Lactic Acid</li> <li>Glycolic Acid</li> <li>Citric Acid</li> <li>Mandelic Acid</li> <li>Tetrasodium Glutamate Diacetate</li> </ul>	



Nimue-SRC™ Problematic		4ml
<ul style="list-style-type: none"> <li>Exfoliates and decongests</li> <li>Anti-bacterial properties</li> <li>Refines and softens the skin</li> <li>Improves skin texture and pore size</li> </ul>		

Main Ingredients	pH 3.0
<ul style="list-style-type: none"> <li>Lactic Acid</li> <li>Glycolic Acid</li> <li>Salicylic Acid</li> <li>Azelaic Acid</li> <li>Willow Bark Extract</li> </ul>	



Smart Resurfacer		7ml
<ul style="list-style-type: none"> <li>Potent anti-oxidant</li> <li>Stimulates cell renewal</li> <li>Boosts collagen production</li> </ul>		


Main Ingredients	
<ul style="list-style-type: none"> <li>Alpha Lipoic Activator</li> <li>Pyruvic Acid</li> <li>Isostearyl Isostearate</li> </ul>	



Neutraliser Plus		200ml
<ul style="list-style-type: none"> <li>Dual action neutralising and treatment</li> <li>Reduces redness, inflammation and post peel discomfort</li> <li>Replaces biolipids, improving skin barrier function</li> </ul>		

Main Ingredients	pH 7.5
<ul style="list-style-type: none"> <li>Ferulic Acid</li> <li>Isostearyl Isostearate</li> </ul>	



<b>Microneedle Roller</b>	<b>+/-192 needles</b>	<b>Main Ingredients</b>	
<ul style="list-style-type: none"><li>• Produces microscopic channels in the skin</li><li>• Stimulates collagen production</li><li>• Releases growth factors</li></ul>		<ul style="list-style-type: none"><li>• Treatment Device</li></ul>	



<b>Retinol Super Fluid</b>	<b>30ml</b>
<ul style="list-style-type: none"> <li>Repairs fine lines and wrinkles and age spots</li> <li>Reduces signs of photo ageing</li> <li>Tightens skin</li> </ul>	

<b>Main Ingredients</b>	<b>pH 5.5 - 6.5</b>
<ul style="list-style-type: none"> <li>Retinol</li> </ul>	



<b>Vitamin C Super Fluid</b>	<b>30ml</b>
<ul style="list-style-type: none"> <li>Treats hyperpigmentation</li> <li>Brightens dull skin</li> <li>Evens skin tone</li> </ul>	

<b>Main Ingredients</b>	<b>pH 5.5 - 6.5</b>
<ul style="list-style-type: none"> <li>Ascorbyl Phosphate</li> </ul>	



<b>Prebiotic Super Fluid</b>	<b>30ml</b>
<ul style="list-style-type: none"> <li>Treats problematic and acne prone skin</li> <li>Promotes healing</li> <li>Anti-inflammatory</li> </ul>	

<b>Main Ingredients</b>	<b>pH 5.5 - 6.5</b>
<ul style="list-style-type: none"> <li>Polysaccharides</li> </ul>	



<b>Cyanoacrylate Super Fluid</b>	<b>30ml</b>
<ul style="list-style-type: none"> <li>Anti-inflammatory</li> <li>Stops the formation of ROS</li> <li>Reduces signs of photo ageing</li> </ul>	


<b>Main Ingredients</b>	<b>pH 5.5 - 6.5</b>
<ul style="list-style-type: none"> <li>Cyanoacrylate</li> </ul>	




<b>Hyaluronic Acid Super Fluid</b>	<b>30ml</b>
<ul style="list-style-type: none"> <li>Soothing and hydrating</li> <li>Immediate water replacement in the skin</li> <li>Prevents TEWL</li> </ul>	

<b>Main Ingredients</b>	<b>pH 6.4</b>
<ul style="list-style-type: none"> <li>Hydrolysed Hyaluronic Acid</li> <li>Crosslinked Hyaluronic Acid</li> </ul>	




<b>Nimue-TDS™ Environmentally Damaged Skin</b>	<b>30ml</b>	<b>Main Ingredients</b>	<b>pH 5.0</b>
<ul style="list-style-type: none"> <li>• Anti-glycation effects</li> <li>• Improves visible signs of skin fatigue and premature ageing</li> <li>• Reduces skin slackening</li> </ul>		<ul style="list-style-type: none"> <li>• Albizia Julibrissan Extract</li> <li>• Isostearyl Isostearate</li> </ul>	




<b>Nimue-TDS™ Hyperpigmented Skin</b>	<b>30ml</b>	<b>Main Ingredients</b>	<b>pH 5.0</b>
<ul style="list-style-type: none"> <li>• Reduces the appearance of hyperpigmentation</li> <li>• Brightens the skin</li> <li>• Protects against free radical damage</li> </ul>		<ul style="list-style-type: none"> <li>• Octadecenedioic Acid</li> <li>• Microencapsulated Vitamin C</li> <li>• Isostearyl Isostearate</li> </ul>	



<b>Nimue-TDS™ Problematic Skin</b>	<b>30ml</b>	<b>Main Ingredients</b>	<b>pH 5.0</b>
<ul style="list-style-type: none"> <li>• Controls the development of acne</li> <li>• Reduces inflammation and redness</li> <li>• Inhibits the growth of micro-organisms on the skin</li> </ul>		<ul style="list-style-type: none"> <li>• Phytosphingosine</li> <li>• Isostearyl Isostearate</li> </ul>	



<b>Nimue-TDS™ Sensitive Skin</b>	<b>30ml</b>	<b>Main Ingredients</b>	<b>pH 5.0</b>
<ul style="list-style-type: none"> <li>• Desensitises the skin</li> <li>• Offers comfort to sensitive skin</li> <li>• Reduces fine lines and wrinkles</li> </ul>		<ul style="list-style-type: none"> <li>• Lipopeptide</li> <li>• Mirabilis Jalapa Extract</li> <li>• Isostearyl Isostearate</li> </ul>	

# MASKS



Alginate Mask	500g	Main Ingredients
<ul style="list-style-type: none"> <li>Cooling and soothing effect</li> <li>Improves hydration</li> <li>Anti-inflammatory</li> </ul>		<ul style="list-style-type: none"> <li>Diatomaceous Earth</li> <li>Alginate</li> </ul>



Collagen Face Film	10x sachets	Main Ingredients
<ul style="list-style-type: none"> <li>Revitalises, cools and refreshes the skin</li> <li>Hydrates the skin, softening lines and wrinkles</li> <li>Protects against free radicals</li> </ul>		<ul style="list-style-type: none"> <li>Hydrolyzed Marine Collagen</li> <li>Marine Algae Extract</li> </ul>



Anti-Ageing Treatment Mask	100ml	Main Ingredients	pH 4.5
<ul style="list-style-type: none"> <li>Enhances luminosity and radiance</li> <li>Improves skin elasticity</li> <li>Barrier repair</li> </ul>		<ul style="list-style-type: none"> <li>Cyclotetrapeptide-24</li> <li>Chicory Root Extract</li> <li>Botanical Hyaluronic Acid</li> </ul>	



Super Hydrating Mask	100ml	Main Ingredients	pH 4.5
<ul style="list-style-type: none"> <li>Relieves dryness, dehydration and fine lines (transitional period)</li> </ul>		<ul style="list-style-type: none"> <li>Hydrating Bio-complex</li> </ul>	




Purifying Mask	100ml	Main Ingredients	pH 4.5
<ul style="list-style-type: none"> <li>Detoxifies and purifies the skin</li> <li>Cools and soothes the skin</li> <li>Exfoliates to decongest pores, reduce pore size and improve skin texture</li> </ul>		<ul style="list-style-type: none"> <li>Salicylic Acid</li> <li>Pumpkin Enzyme</li> <li>Prebiotic: Inulin and Yoghurt Powder</li> <li>Charcoal Powder</li> </ul>	



Soothing Recovery Mask	100ml	Main Ingredients	pH 5.5
<ul style="list-style-type: none"> <li>Immediately alleviates sensitivity, dryness and dehydration</li> <li>Reduces itchiness, stinging, redness and tightness</li> <li>Provides skin barrier and skin microbiome balance, protection and restoration</li> </ul>		<ul style="list-style-type: none"> <li>Sensory Regulator</li> <li>Skin Prebiotic: Inulin</li> <li>Bisabolol</li> <li>Squalane</li> </ul>	



<b>Massage Cream</b>	<b>200ml</b>	<b>Main Ingredients</b>	<b>pH 5.8</b>
<ul style="list-style-type: none"><li>• Provides a massage medium on facial and/or body areas</li><li>• Induces client relaxation</li><li>• Promotes smooth and supple skin</li></ul>		<ul style="list-style-type: none"><li>• Shea Butter</li><li>• Essential Oils</li></ul>	



<b>Hyaluronic Acid Gel</b>	<b>30ml</b>	<b>Main Ingredients</b>	<b>pH 6.0</b>
<ul style="list-style-type: none"> <li>Moisturises and repairs skin</li> <li>Creates a plumping effect</li> <li>Strengthens the skin against environmental attacks</li> </ul>		<ul style="list-style-type: none"> <li>Sodium Hyaluronate Cross Polymer</li> <li>LMW Hyaluronic Acid</li> <li>HMW Hyaluronic Acid</li> </ul>	



<b>After Care Hydrator</b>	<b>100ml</b>	<b>Main Ingredients</b>	<b>pH 6.0</b>
<ul style="list-style-type: none"> <li>Softens, soothes and cools the skin</li> <li>Hydrates and increases moisture retention</li> <li>Reinforces skin's natural protective barrier</li> </ul>		<ul style="list-style-type: none"> <li>Allantoin</li> <li>Shea Butter</li> <li>Panthenol</li> </ul>	



<b>SPF 40</b>	<b>100ml</b>	<b>Main Ingredients</b>	<b>pH 6.5</b>
<ul style="list-style-type: none"> <li>Lightweight, non-oily and non-whitening emulsion</li> <li>Protection against UVA/UVB</li> <li>Anti-ageing benefits</li> </ul>		<ul style="list-style-type: none"> <li>Inorganic Physical Sunscreen</li> <li>Organic Chemical Sunscreen</li> </ul>	

# STANDARD REQUIREMENTS FOR WORKING STATION

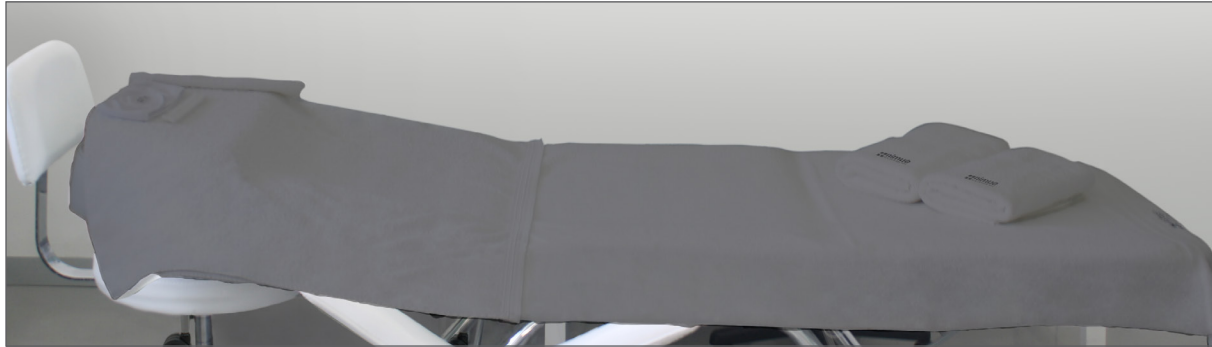
Nimue Professional Treatment Trolley (Typical setup for a specific treatment i.e Nimue-SRC™ Treatment)



1	Client Consultation Form
2	Client Consent Form
3	Cleansing Gel
4	Conditioner
5	Exfoliating Enzyme
6	Nimue-SRC™
7	Super Fluids
8	Neutraliser Plus
9	Nimue-TDS™
10	Hydrolip Protection
11	After Care Hydrator
12	SPF 40
13	Spatulas, brushes and sponge applicators
14	Gauze
15	Cotton buds
16	Fan
17	Large bowl
18	Small bowl
19	Alginate Mask
20	Measuring spoon & cup
21	Clock/Timer
22	Latex/Vinyl gloves
23	Tissues
24	Rubber bowl

# STANDARD REQUIREMENTS FOR WORKING STATION

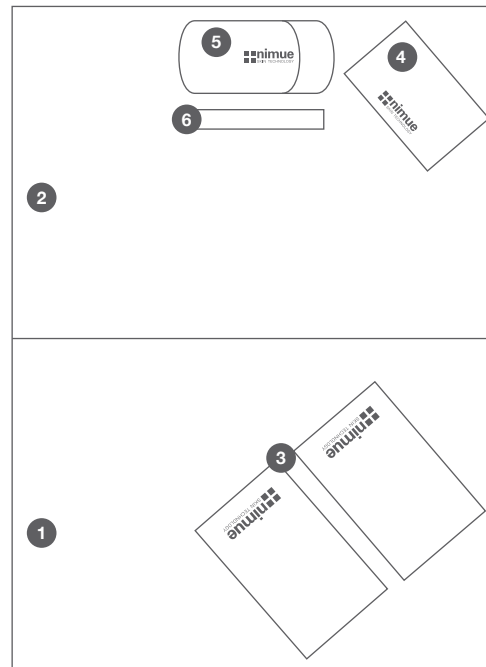
## Nimue Professional Treatment Room



The photo and diagram indicates the layout of the Nimue treatment bed and the placement of the linen. Please see the linen requirements as indicated.



A visual example of a client lying on the treatment bed, making use of the treatment bed elements that are being displayed on the left hand side drawing



1	Nimue Towel
2	Nimue Towel
3	Nimue Towels
4	Nimue Small Hand Towel
5	Nimue Headband
6	Disposable Cap

# NIMUE SKIN TREATMENT PROFESSIONAL

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A Nimue Skin Treatment Professional is a representation of the entire Nimue brand. First impressions are based on the appearance of the Nimue Skin Treatment Professional and clinic.

An appropriate professional image for all Nimue Skin Treatment Professional must be maintained at all times. The Nimue Skin Treatment Professional should ensure that they look the part and present themselves professionally at all times.

## **Dress code**

- Uniform (if you have one): neat, professional clothing that it not revealing and needs to be comfortable to be able to perform treatments efficiently. As an ambassador of Nimue, a Nimue Skin Treatment Professional should always ensure that their respective uniform is clean and ironed.
- Professional and elegant shoes/therapist shoes that provides adequate comfort and support for standing. Preferably wear rubber soled shoes that minimises sound when walking. If wearing open toe shoes, ensure that toe nails are neat.
- No jewellery on hands and arms
- Short manicured finger nails, either unvarnished or natural/clear nail varnish
- Long hair tied back
- Natural make up
- No smoking during working hours
- Be aware of body odour and bad breath before meeting a client
- Subtle perfume





## **Communication**

- Communicate in a clear and professional manner
- Make eye contact with the client
- Listen to the client
- Never interrupt or be rude
- Allow your client to speak freely
- Never talk down other brands
- Never discuss other clients
- Keep all conversations confidential
- Professional body language
- Respect personal space

## **Passion for the Nimue brand**










- When treating clients, the passion for the brand must be conveyed and maintained, with a high level of energy and enthusiasm

## support treatments non-Nimue clients & Nimue phase 1 home care users

	Therapeutic Treatment	Deep Cleanse Treatment
SKIN CLASSIFICATION		
TREATMENT DESCRIPTION	pampering treatment customised to client's specific needs	purifying treatment providing effective skin clarification
step 1	<b>consultation</b> Client Consultation Form	<b>consultation</b> Client Consultation Form
step 2	<b>cleanse</b> Cleansing Gel	<b>cleanse</b> Cleansing Gel
step 3	<b>condition</b> Conditioner	<b>condition</b> Conditioner
step 4	<b>exfoliate</b> Exfoliating Enzyme	<b>exfoliate</b> Exfoliating Enzyme
step 5	<b>extract</b> Optional	<b>extract</b> Optional
step 6	<b>super fluid</b> Retinol/Vitamin C/Prebiotic/Cyanoacrylate/Hyaluronic Acid (max of 2 to be used)	<b>super fluid</b> Retinol/Vitamin C/Prebiotic/NAD+/Cyanoacrylate/Hyaluronic Acid (max of 2 to be used)
step 7	<b>mask</b> Super Hydrating Mask/Anti-Ageing Treatment Mask/Purifying Mask/ Soothing Recovery Mask/Alginate Mask/Collagen Face Film	<b>mask</b> Purifying Mask
step 8	<b>massage</b> Massage Cream	<b>aftercare</b> After Care Hydrator/Hyaluronic Acid Gel
step 9	<b>Nimue-TDS™</b> 	<b>Nimue-TDS™</b> 
step 10	<b>aftercare</b> After Care Hydrator/Hyaluronic Acid Gel	<b>protect</b> SPF 40
step 11	<b>protect</b> SPF 40/Sun-C Tinted SPF 40	











# active treatments

## Nimue phase 1 & 2 home care users

	Smart Micropeel	Thermal Detox Peel	Active Rejuvenation Treatment	35% Glycolic Treatment	7.5% TCA Treatment (Non EU countries only)
SKIN CLASSIFICATION					
TREATMENT DESCRIPTION	Soft-acid based treatment for sensitised and inflamed skin	detoxifying and exfoliating treatment with a thermo-sensory mechanism improving oxygenation	15% Bio-Active treatment facilitating dermal rejuvenation	hydrating, deep exfoliating treatment improving skin texture & appearance	deep exfoliating treatment resulting in radiant & smoother skin texture with superficial peeling
step 1	<b>consultation</b> Client Consultation Form/Client Consent Form	<b>consultation</b> Client Consultation Form/Client Consent Form	<b>consultation</b> Client Consultation Form	<b>consultation</b> Client Consultation Form/Client Consent Form	<b>consultation</b> Client Consultation Form/Client Consent Form
step 2	<b>cleanse</b> Cleansing Gel	<b>cleanse</b> Cleansing Gel	<b>cleanse</b> Cleansing Gel	<b>cleanse</b> Cleansing Gel	<b>cleanse</b> Cleansing Gel
step 3	<b>exfoliate</b> Exfoliating Enzyme	<b>condition</b> Conditioner	<b>condition</b> Conditioner	<b>condition</b> Conditioner	<b>condition</b> Conditioner
step 4	<b>prep</b> HydroLip Protection	<b>prep</b> Alcohol Pad	<b>exfoliate</b> Exfoliating Enzyme	<b>exfoliate</b> Exfoliating Enzyme	<b>exfoliate</b> Exfoliating Enzyme
step 5	<b>active treatment</b> Smart Micropeel	<b>prep</b> HydroLip Protection	<b>condition</b> Conditioner	<b>prep</b> Alcohol Pad	<b>prep</b> Alcohol Pad
step 6	<b>mask</b> Soothing Recovery Mask	<b>active treatment</b> Thermal Detox Peel	<b>extract</b> Optional (refer to manual)	<b>prep</b> HydroLip Protection	<b>prep</b> HydroLip Protection
step 7	<b>removal</b> 2-3 water saturated Compresses	<b>removal</b> 2-3 water saturated Compresses	<b>customise: super fluid with active treatment</b> Retinol/Vitamin C/Prebiotic/NAD+/Cyanoacrylate/Hyaluronic Acid (max of 2 to be used)	<b>customise: super fluid with active treatment</b> Retinol/Vitamin C/Prebiotic/NAD+/Cyanoacrylate/Hyaluronic Acid (max of 2 to be used)	<b>customise: super fluid with active treatment (in this case mix with Bio-Active Complex ONLY)</b> Retinol/Vitamin C/Prebiotic/NAD+/Cyanoacrylate/Hyaluronic Acid (max of 2 to be used)
step 8	<b>aftercare</b> Hyaluronic Acid Gel/Hyaluronic Acid Super Fluid	<b>cleanse</b> Cleansing Gel	<b>active treatment</b> Bio-Active Complex	<b>active treatment</b> 35% Glycolic Acid	<b>active treatment</b> Bio-Active Complex
step 9	<b>protect</b> SPF 40	<b>Nimue-TDS™</b> 	<b>neutralise</b> Neutraliser/Neutraliser Plus	<b>neutralise</b> Neutraliser/Neutraliser Plus	<b>neutralise</b> Neutraliser/Neutraliser Plus
step 10		<b>aftercare</b> After Care Hydrator	<b>Nimue-TDS™</b> 	<b>Nimue-TDS™</b> 	<b>active treatment</b> 7.5% TCA
step 11		<b>protect</b> SPF 40	<b>mask</b> Anti-Ageing Treatment Mask/Purifying Mask/ Soothing Recovery Mask/Alginate Mask/Collagen Face Film	<b>mask</b> Anti-Ageing Treatment Mask/Purifying Mask/ Soothing Recovery Mask/Alginate Mask/Collagen Face Film	<b>Nimue-TDS™</b> 
step 12			<b>aftercare</b> After Care Hydrator/Hyaluronic Acid Gel	<b>aftercare</b> After Care Hydrator/Hyaluronic Acid Gel	<b>aftercare</b> After Care Hydrator
step 13			<b>protect</b> SPF 40	<b>protect</b> SPF 40	<b>protect</b> SPF 40

# active treatments - continued

## Nimue phase 1 & 2 home care users

	Nimue-SRC™ Environmentally Damaged Treatment	Nimue-SRC™ Hyperpigmented Treatment	Nimue-SRC™ Problematic Treatment	Smart Resurfacer	Microneedling Treatment with Super Fluids or Nimue TDS™
SKIN CLASSIFICATION					
TREATMENT DESCRIPTION	rejuvenating treatment with superficial peeling targeting environmentally damaged skin	rejuvenating treatment with superficial peeling targeting hyperpigmentation	rejuvenating treatment with superficial peeling targeting problematic skin	waterless, oil-based smart resurfacing treatment providing the ultimate potency in skin rejuvenation	specialised rejuvenating treatment promoting collagen remodelling and skin firmness
step 1	<b>consultation</b> Client Consultation Form/Client Consent Form	<b>consultation</b> Client Consultation Form/Client Consent Form	<b>consultation</b> Client Consultation Form/Client Consent Form	<b>consultation</b> Client Consultation Form/Client Consent Form	<b>consultation</b> Client Consultation Form/Client Consent Form
step 2	<b>cleanse</b> Cleansing Gel	<b>cleanse</b> Cleansing Gel	<b>cleanse</b> Cleansing Gel	<b>cleanse</b> Cleansing Gel	<b>sterilise</b> Microneedle Roller in Sterilising Solution
step 3	<b>condition</b> Conditioner	<b>condition</b> Conditioner	<b>condition</b> Conditioner	<b>condition</b> Conditioner	<b>cleanse</b> Cleansing Gel
step 4	<b>exfoliate</b> Exfoliating Enzyme	<b>exfoliate</b> Exfoliating Enzyme	<b>exfoliate</b> Exfoliating Enzyme	<b>exfoliate</b> Exfoliating Enzyme	<b>condition</b> Conditioner
step 5	<b>prep</b> Alcohol Pad	<b>prep</b> Alcohol Pad	<b>prep</b> Alcohol Pad	<b>prep</b> Alcohol Pad	<b>exfoliate</b> Exfoliating Enzyme
step 6	<b>prep</b> Hydrolip Protection	<b>prep</b> Hydrolip Protection	<b>prep</b> Hydrolip Protection	<b>prep</b> Hydrolip Protection	<b>prep</b> Alcohol Pad
step 7	<b>customise: super fluid with active treatment</b> Retinol/Vitamin C/Prebiotic/Cyanoacrylate/Hyaluronic Acid (max of 2 to be used)	<b>customise: super fluid with active treatment</b> Retinol/Vitamin C/Prebiotic/Cyanoacrylate/Hyaluronic Acid (max of 2 to be used)	<b>customise: super fluid with active treatment</b> Retinol/Vitamin C/Prebiotic/Cyanoacrylate/Hyaluronic Acid (max of 2 to be used)	<b>active treatment</b> Smart Resurfacer 1st layer - 2 minutes 2nd layer - 3 minutes	<b>active treatment</b> Microneedling
step 8	<b>active treatment</b> Nimue-SRC™ Environmentally Damaged Treatment	<b>active treatment</b> Nimue-SRC™ Hyperpigmented Treatment	<b>active treatment</b> Nimue-SRC™ Problematic Treatment	<b>removal</b> 2-3 water saturated Compresses	<b>Nimue-TDS™/super fluid</b> 
step 9	<b>neutralise</b> Neutraliser Plus	<b>neutralise</b> Neutraliser Plus	<b>neutralise</b> Neutraliser Plus	<b>mask</b> Alginate Mask/Collagen Face Film/Soothing Recovery Mask (optional)	<b>super fluid</b> If Microneedling is done with Nimue-TDS™, Super Fluids can be applied before aftercare
step 10	<b>Nimue-TDS™</b> 	<b>Nimue-TDS™</b> 	<b>Nimue-TDS™</b> 	<b>super fluid</b> Cyanoacrylate/Hyaluronic Acid	<b>mask</b> Alginate Mask/Collagen Face Film
step 11	<b>mask</b> Anti-Ageing Treatment Mask/Soothing Recovery Mask/Alginate Mask	<b>mask</b> Anti-Ageing Treatment Mask/Soothing Recovery Mask/Alginate Mask	<b>mask</b> Purifying Mask/Alginate Mask/Soothing Recovery Mask	<b>Nimue-TDS™</b> 	<b>aftercare</b> Hyaluronic Acid Gel
step 12	<b>aftercare</b> After Care Hydrator	<b>aftercare</b> After Care Hydrator	<b>aftercare</b> After Care Hydrator	<b>aftercare</b> After Care Hydrator	<b>sterilise</b> Microneedle Roller in Sterilising Solution
step 13	<b>protect</b> SPF 40	<b>protect</b> SPF 40	<b>protect</b> SPF 40	<b>protect</b> SPF 40	

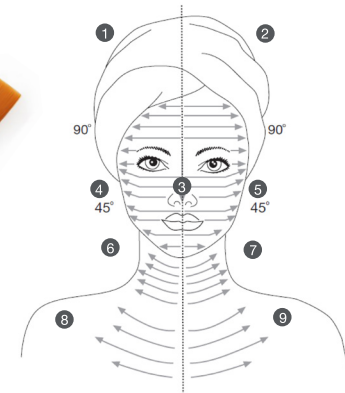
# TREATMENT FREQUENCY AND PROFESSIONAL PRODUCT RECOMMENDATION

## Smart Micropeel - Guidelines for use

- Smart Micropeel is time dependent and removed with water

Skin classification	Treatment frequency	Time of application*
All skin classifications	1 treatment per month	<b>Exfoliating Enzyme</b> 3-8 minutes <b>Smart Micropeel ONLY</b> 3 minutes <b>Smart Micropeel with mask</b> A further 5-10 minutes

\* Time depending on the level of skin sensitivity

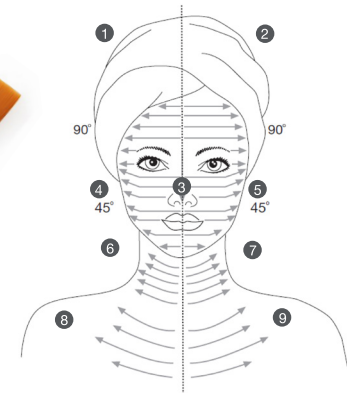


# TREATMENT FREQUENCY AND PROFESSIONAL PRODUCT RECOMMENDATION

## Thermal Detox Peel - Guidelines for use

- Thermal Detox Peel is time dependent and removed with water

Skin classification	Treatment frequency	Time of application
Environmentally Damaged	1 treatment every 2 weeks	7-10 min application
Hyperpigmented*	1 treatment every 2 months	7-10 min application
Problematic	1 treatment every 2 weeks	7-10 min application
Interactive*	1 treatment every 2 months	5 minutes - 1st treatment and client comfort and reactivity Thereafter, 7-10 min application, if tolerated



\* No intense course of Nimue Thermal Detox Peel Treatments to be performed on a Hyperpigmented skin.

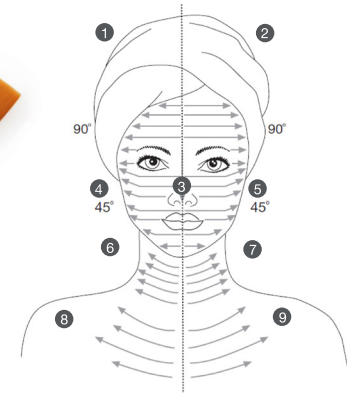
Treatment should not be performed on an Interactive skin where there is extreme sensitivity and low skin tolerance levels. No course of treatment for an Interactive Skin

# TREATMENT FREQUENCY AND PROFESSIONAL PRODUCT RECOMMENDATION

## Bio-Active Complex - Guidelines for use

- Bio-Active Complex is time dependent and must be neutralised

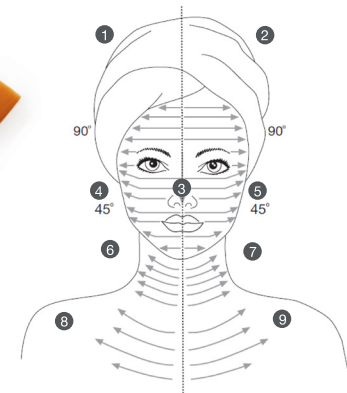
Guidelines for the use of Bio-Active Complex (time dependent - must neutralise)	
1st Treatment	3 minutes
2nd Treatment	5 minutes
3rd Treatment	7 minutes
4th Treatment	9 minutes
5th Treatment & onwards	15 minutes



## 35% Glycolic Treatment Peel - Guidelines for use

- 35% Glycolic Treatment Peel is time dependent and must be neutralised

Guidelines for the use of Bio-Active Complex (time dependent - must neutralise)	
1st Treatment	3 minutes
2nd Treatment	5 minutes
3rd Treatment	7 minutes
4th Treatment	9 minutes
5th Treatment & onwards	15 minutes



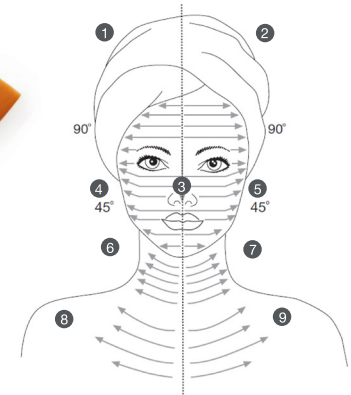
# TREATMENT FREQUENCY AND PROFESSIONAL PRODUCT RECOMMENDATION

## 7.5% TCA Treatment Peel - Guidelines for use

- 7.5% TCA Treatment Peel is layer dependent and is not neutralised

Guidelines for the use of 7.5% TCA Treatment Peel (layer dependent - do not neutralise)	
Environmentally Damaged Skin	1-3 layers (weekly)
Hyperpigmented Skin	1-2 layers (every 2nd week)*
Problematic Skin	1-3 layers (weekly)

\* With a higher phototype, the treatments may need to be spaced further apart.



# TREATMENT FREQUENCY AND PROFESSIONAL PRODUCT RECOMMENDATION

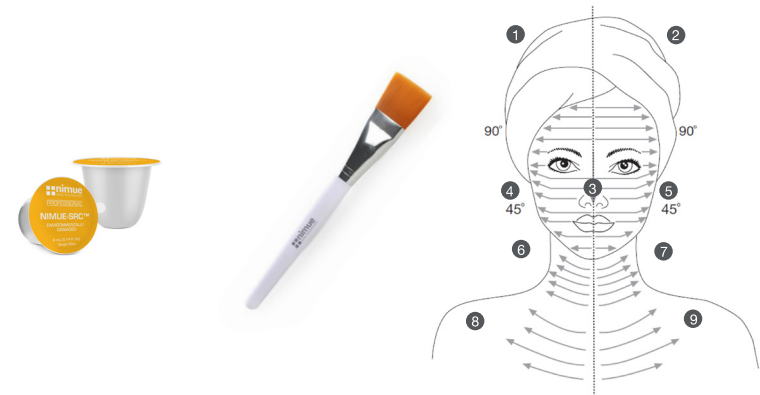
## Nimue-SRC™ Environmentally Damaged - Guidelines for use

- Nimue-SRC™ Environmentally Damaged is time dependent and MUST be neutralised.

Photo type/age of client	Treatment frequency	Time of application
Photo type IV, V, VI	1 treatment every 4-6 weeks	5 min application
Age 20-30	1 treatment every 6 weeks	5 min application
Age 30-40	1 treatment every 3 weeks	5-10 min application
Age 40 upwards*	1 treatment every 4 weeks	5-10 min application

\* More mature skin has a slower metabolism and cell turnover cycle. Cells need to mature and if treatment frequency is too often, young cells are removed before maturation which upsets cell renewal cycle.

\* A course of 6-8 treatments is recommended



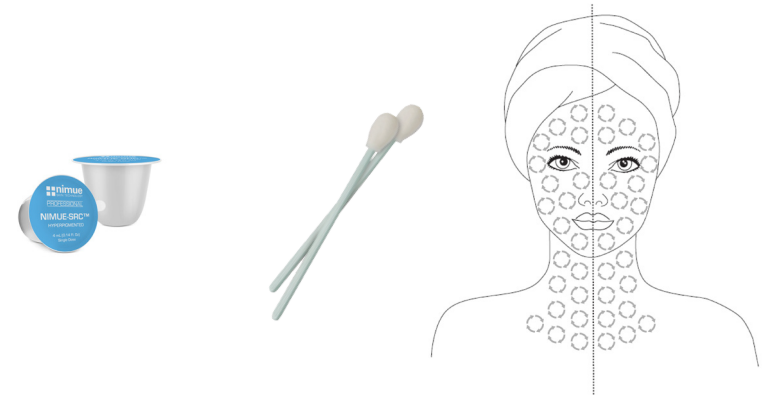
# TREATMENT FREQUENCY AND PROFESSIONAL PRODUCT RECOMMENDATION

## Nimue-SRC™ Hyperpigmented - Guidelines for use

- Nimue-SRC™ Hyperpigmented is time dependent and MUST be neutralised

Photo type/age of client	Treatment frequency	Time of application
Mild HP	1 treatment every 2-3 weeks	10 min application
Severe HP	1 treatment every 4-6 weeks	5 min application

\* A course of 6-12 treatments is recommended

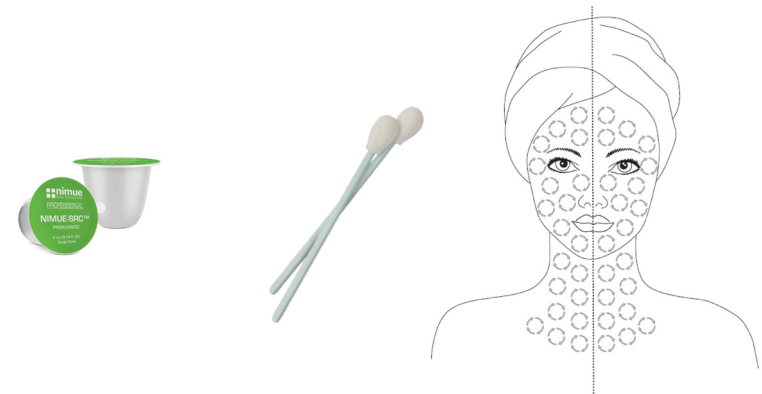


## Nimue-SRC™ Problematic - Guidelines for use

- Nimue-SRC™ Problematic is time dependent and MUST be neutralised

Photo type/age of client	Treatment frequency	Time of application
Acne Prone	1 treatment every 4 weeks	5 min application
Active Prone	1 treatment every 2 weeks	5-7 min application

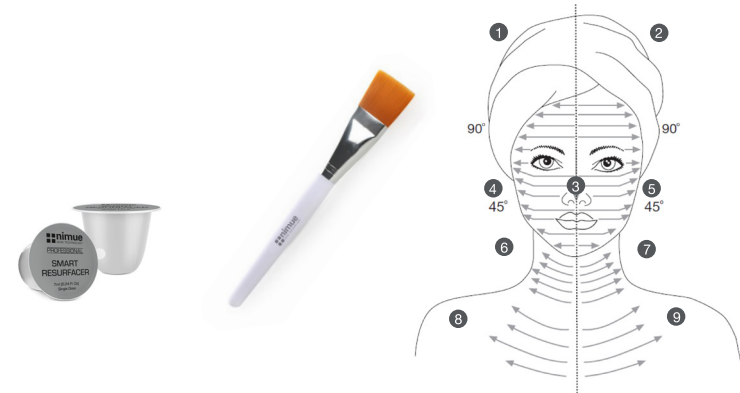
\* A course of 6-12 treatments is recommended



# TREATMENT FREQUENCY AND PROFESSIONAL PRODUCT RECOMMENDATION

## Smart Resurfacer - Guidelines for use

Skin classification	Treatment frequency	Time of application
Environmentally Damaged	1 treatment per month	<b>Treatment 1</b> 1st layer: 2 min 2nd layer: 3 min <b>Treatment 2 &amp; onwards</b> 1st layer: 2 min 2nd layer: 5-8 min
Hyperpigmented	1 treatment per month	<b>Treatment 1</b> 1st layer: 2 min 2nd layer: 3 min <b>Treatment 2 &amp; onwards</b> 1st layer: 2 min 2nd layer: 3-5 min
Problematic	1 treatment per month	<b>Treatment 1</b> 1st layer: 2 min 2nd layer: 3 min <b>Treatment 2 &amp; onwards</b> 1st layer: 2 min 2nd layer: 5 min



\* A course of 6 treatments is recommended

# GENERAL TREATMENT PRECAUTIONS

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- Eliminate any contra-indications and/or precautions
- Clients must remove soft contact lenses prior to treatment
- Avoid holding any active products above client's eyes
- Client should keep eyes closed during treatment. In case on contact with eyes, flush with eye drops and water
- Avoid application of active products on client's lips and nostrils as it dries the mucous membranes
- Use latex/vinyl gloves for all acid based treatments
- Always explain to clients what to anticipate

# POST TREATMENT GUIDELINES

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- Avoid make-up application for a minimum of 3-4 hours post treatment
- Do not use Active Lotion/Active Resurfacing Wipes on the same day as a Nimue treatment
- A Nimue prescribed SPF face product MUST be utilised on a daily basis. Re-apply every 2-3 hours, if exposed to UV radiation
- Prolonged sun exposure and sun bed use MUST be avoided during a course of Nimue treatments
- Reduce the use of Nimue Conditioner and Active Lotion/Active Resurfacing Wipes for a few days if the skin feels sensitive
- Inform client that should any persistent erythema, redness, swelling or irritation occurs, the Nimue Skin Treatment Professional must be informed immediately
- Wait at least 3 days before any facial waxing post treatment
- **Full client co-operation is needed to achieve desired results**



