

ACTIVE TREATMENT

Phase 3 treatments



Smart Resurfacer

7ml pod
6 pods in a box



The Nimue Smart Resurfacer is a waterless, smart resurfacing treatment providing the ultimate potency in skin rejuvenation without the common side-effects and downtime of most medium depth chemical peels.

Active ingredients

- Alpha Lipoic Acid (potent anti-oxidant)
- Salicylic Acid (oil-soluble peeling agent providing skin exfoliation)
- Pyruvic Acid (exfoliation and rejuvenation)
- Citric Acid (exfoliation)
- Isostearyl Isostearate (reinforces the natural skin barrier, preventing TEWL)
- Dimethyl Isosorbate (penetration enhancer)

Product benefits

- Softens and smooths skin texture
- Evens skin tone
- Reduces pore size
- Improves skin radiance
- Increases cell renewal
- Reduces congestion and breakouts
- Improves hyperpigmentation
- Reduces fine lines and wrinkles

Application technique

- Shake pod gently before opening
- Use Nimue Smart Resurfacer directly from pod
- Apply an even, thin layer to the face, neck and décolleté with a dry brush. Avoid the upper eyelid, area directly under the eyes, inner corner of the eyes and corners of the nose and lips
- Leave on the skin for approximately 2 minutes
- Apply a second layer of Smart Resurfacer for up to an additional 5-8 minutes, or as prescribed, depending on individual skin sensitivity and Fitzpatrick photo type
- To remove, neutralise with water only (NO NIMUE NEUTRALISER PRODUCT IS USED)
- Place 2-3 disposable compresses into a small Nimue rubber bowl and saturate with cold water
- Use 1 compress at a time for removal of peel
- Repeat until no activity can be felt and the skin is comfortable

PROFESSIONAL TREATMENT AND PROCEDURE

Nimue Smart Resurfacer | step-by-step

Treatment Steps	Treatment Description	Nimue Products
Step 1	Consultation	Client Consultation Form & Consent Form
Step 2	Cleanse	Cleansing Gel
Step 3	Condition	Conditioner
Step 4	Exfoliate	Exfoliating Enzyme

Guidelines for the use of Exfoliating Enzyme
Decant one or two pumps (1=5ml)

- Apply and leave on for 2 minutes
- Massage vigorously with warm water for 8 minutes to activate the enzymes
(correct timing MUST be followed to ensure efficacy of the Exfoliating Enzyme)

Step 6	Prep	Alcohol Pad
Step 7	Prep	Hydrolip Protection
Step 8	Active Treatment	Nimue Smart Resurfacer

Guidelines for the use of Smart Resurfacer

1st Treatment: 1st layer - 2 minutes, 2nd layer - 3 minutes
2nd Treatment & onwards: 1st layer - 2 minutes, 2nd layer - 5 minutes

Step 9	Removal	Water ONLY
Step 10	Super Fluid	Cyanoacrylate or Hyaluronic Acid
Step 11	Nimue-TDS™	Optional Extra: Nimue-TDS™

Indications for the use of Nimue-TDS™			
Environmentally Damaged	Hyperpigmented Skin	Problematic Skin	Interactive Skin
Impaired Barrier	Impaired Barrier	Impaired Barrier	Impaired Barrier
Fatigued & Ageing Skin	Hyperpigmentation	Acne	Ageing Skin
Photo Damaged Skin	Uneven Skin Tone	Redness	Sensitised Skin
Dull Skin	Dull Skin	Breakouts	Sensitive Skin/Hypersensitive Skin
Dark Circles around eye area	Inflammation	Inflammation	Fine Lines & Wrinkles

Step 12	Mask	Optional Extra: Alginate Mask/Collagen Face Film
Step 13	Aftercare	After Care Hydrator
Step 14	Sun Protection	SPF 40
Step 15	Revitalise	Optional Extra: Vitamin C Moisture Mist

PROFESSIONAL TREATMENT AND PROCEDURE

Treatment Time

- 30 minutes
- 45 minutes with Alginate Mask or Collagen Face Film

Treatment Frequency and guidelines for use

- 1 treatment every 4 weeks
- Smart Resurfacer MUST be removed with water ONLY (No Nimue neutralising product is required)

Skin classification	Treatment frequency	Time of application
Environmentally Damaged	1 treatment per month	<p>Treatment 1 1st layer: 2 min 2nd layer: 3 min</p> <p>Treatment 2 & onwards 1st layer: 2 min 2nd layer: 5-8 min</p>
Hyperpigmented	1 treatment per month	<p>Treatment 1 1st layer: 2 min 2nd layer: 3 min</p> <p>Treatment 2 & onwards 1st layer: 2 min 2nd layer: 3-5 min</p>
Problematic	1 treatment per month	<p>Treatment 1 1st layer: 2 min 2nd layer: 3 min</p> <p>Treatment 2 & onwards 1st layer: 2 min 2nd layer: 5 min</p>

* A course of 6 treatments is recommended

PROFESSIONAL TREATMENT AND PROCEDURE

Important to note

- Exfoliating Enzyme is to be used for the entire allocated time duration. Shortened usage of Exfoliating Enzyme will not effectively prepare the skin for the Smart Resurfacer Peel.
- Steaming may be incorporated during the enzyme activation, but it is not a necessary protocol. Ensure water is added continuously to activate the enzymes.
- Ensure skin is completely dry before peel application
- For a severe Hyperpigmented skin or skin with any sensitivity present, leave the Smart Resurfacer on for 5 minutes in total instead of 7 minutes
- Should there still be erythema in a skin with slight sensitivity or a Hyperpigmented skin after the removal of the peel, use Cyanoacrylate Super Fluid followed by Nimue-TDS™ Interactive
- Due to the Salicylic Acid in the Smart Resurfacer, it may cause white precipitation on the skin that should not be confused with frosting