

NIMUE SMART
RESURFACER

SALON GUIDE 2019



Treatment time

- 30 minutes without a mask
- 45 minutes with Alginate mask



Ensure

- Consultation before each treatment, check to make sure no changes have occurred to the client's skin or lifestyle that may contraindicate the treatment
- Skin is completely dry before peel application
- Avoid make-up application for a minimum of 3-4 hours post Nimue Smart Resurfacer
- A Nimue prescribed SPF face product **MUST** be utilised daily. Re-apply every 2-3 hours, if exposed to UV radiation
- Prolonged sun exposure and sun bed use **MUST** be avoided during a course of Nimue Smart Resurfacer Treatments

Treatment frequency & guidelines for use

Treatment guidelines

- 1 treatment every 4 weeks MAXIMUM
- MUST be removed with water ONLY
- Never mix a superfluid into the peel
- Surface frosting may occur, this is safe and normal and is the salicylic acid salt component crystallising, it can be wiped away safely when peel time is complete
- If skin Blanchs remove immediately with water, and apply TDS Interactive, Ca + Superfluid, aftercare hydrator and SPF. The skin Blanch will heal over the next 7 days. Advise the client to stay out of the sun and heat and use a moisturiser and SPF. The skin may peel in this area but will not scar

A full recovery will take place!


Contra-indications

- ✓ Very sensitive skin and severe broken capillaries
- ✓ Clients that have not had at least two Bio Active or SRC treatments prior
- ✓ Clients with a weak or compromised barrier
- ✓ Dermatitis/Eczema
- ✓ Use of Accutane (oral Vitamin A) in past 6 months
- ✓ Use of Isotretinoin (topical Vitamin A) in past 3 months
- ✓ Cortisone, skin resurfacing lasers, skin needling, plasma or deep peelings in past 8 weeks
- ✓ Botulinum toxin and fillers in past 4 weeks
- ✓ Active skin lesions
- ✓ Waxing, electrolysis, shaving or use of depilatory creams in past 3 days
- ✓ Uncontrolled diabetes - perform a patch test to determine skin sensitivity
- ✓ Pregnancy


Post treatment guidelines

- Inform client that should any persistent erythema, redness, swelling or irritation occur a, Nimue Skin Treatment Professional must be informed immediately
- Wait at least 3 days before any facial waxing post treatment
- Full client co-operation is needed to achieve desired results

Step-by-steps

Step	Product	USE		
Eye Make Up Removal	Eye Make Up Remover	Soak over Eyes on Cotton pads Remove lipstick		
Cleanse Skin	Cleansing Gel	Double Cleanse Remove with Gauze 1 pump Massage wet finger tips		
Condition	Conditioner	1 pump onto gauze Press together Wipe over		
Exfoliate 	Tetra Enzyme (1 scoop) + Tetra Liquid Activator 15ml 3 Pumps <ul style="list-style-type: none"> • Papaya-Brightens and soothes • Bromelain-Exfoliates high in Vit C and E • Lipase Enzymes-Prevents clogging of pores and excess sebum • Protease Enzyme-Accelerates exfoliation • Kaolin Clay-brightens, cleanses. 	Environmentally Damaged	3-5 min	Steam or use wet fingertips if no steamer available
		Hyperpigmented	2-3 min	Steam or use wet fingertips if no steamer available
		Problematic	3-5 min	Steam or use wet fingertips if no steamer available
Smart Resurfacer <ul style="list-style-type: none"> • Ensure skin is completely dry before peel application • Apply with a brush- • DO NOT OVERLAP 	Alpha Lipoic Acid (Thiotic Acid) <ul style="list-style-type: none"> • Potent anti-oxidant • Boosts collagen production Salicylic Acid <ul style="list-style-type: none"> • Oil-soluble Beta Hydroxy Acid • Exfoliates dead skin cells on skin surface and in the pores Pyruvic Acid <ul style="list-style-type: none"> ▪ Prevents thickening of stratum corneum 	Treatment Frequency Once a month	First Treatment	Ongoing Treatments
		Environmentally Damaged	2-5 min Max 5 min	2-5 min Max 7 min
		Hyperpigmented	2-5 min Max 5 min	2-5 Mins Max 5 min

Step-by-steps

	<ul style="list-style-type: none"> Stimulates collagen synthesis <p>Citric Acid</p> <ul style="list-style-type: none"> Mild exfoliation action Skin brightening <p>Oils</p> <p>Isostearyl Isostearate</p> <ul style="list-style-type: none"> Rebuilds skin barrier 	<p>Problematic</p>	<p>2-5 min Max 5 min</p>	<p>2-5 min Max 7 min</p>
<p>Remove Smart Resurfacer</p>	<p>Fibrella or compresses dampened with water</p>	<p>Remove with water only, using 2-3 water saturated disposable compresses. Repeat until skin is comfortable</p>		
<p>Superfluid</p>	<p>Ca+ Superfluid</p>	<p>Cyanoacrylate Super Fluid ONLY</p>		
<p>TDS</p>	<p>TDS Interactive 2-3ml</p>	<p>Massage into the skin and allow to dry</p>		
<p>Mask</p>	<p>Alginate Mask</p>	<p>Decant 4 level scoops Add 140ml Water to create a paste Apply all over face and eyes Leave 10-20mins</p>		
<p>After Care</p>	<p>After Care Hydrator SPF</p>	<p>Apply a small amount of After Care Hydrator and follow with an SPF</p>		



Notes