

Nimue-SRC™ Treatments | step-by-step

Treatment Steps	Treatment Description	Nimue Products
Step 1	Consultation	Client Consultation Form & Consent Form
Step 2	Cleanse	Cleansing Gel
Step 3	Condition	Conditioner
Step 4	Barrier Protection	Hydro Lip Protection
Step 5	Exfoliate	Tetra Enzymatic Exfoliator

Guidelines for the use of Tetra Enzymatic Exfoliator 1 scoop (25ml) Enzyme Powder + 15ml (± 10 pumps) Liquid Powder			
	Total Time	Steam	Steam and Massage
Combination Skin	10 minutes	4 minutes	6 minutes
Oily, Acne Skin	10 minutes	8 minutes	2 minutes
Dry Skin	10 minutes	2 minutes	8 minutes
Excessive Dry Skin	6 minutes	4 minutes	2 minutes

Step 6	Prep	Alcohol Pad
Step 7	Barrier Protection	Hydro Lip Protection
Step 8	Active Treatment	Nimue-SRC™ Treatment
Step 9 (optional)	Super Fluids to be mixed with Nimue-SRC™ (max of 2 Super Fluids)	Retinol Super Fluid Vitamin C Super Fluid Prebiotic Super Fluid Transdermal NAD Super Fluid Cyanoacrylate Super Fluid

Guidelines for Nimue-SRC™ Treatments				
Nimue-SRC™ Treatment	Skin Classification	Number of Treatments	Time of Application	Treatment Frequency
Environmentally Damaged Skin (apply with brush)	20-30 years	6-8 treatments	5 minutes	6 weeks
	30-40 years	6-8 treatments	5-10 minutes	3 weeks
	40+ years	6-8 treatments	5-10 minutes	4 weeks
	Photo Types IV, V, VI	6-8 treatments	5 minutes	4-6 weeks
Hyperpigmented Skin (apply with sponge applicator)	Mild Pigmentation	6-12 treatments	5-10 minutes	2 weeks
	Severe Pigmentation	6-12 treatments	5-10 minutes	4 weeks
Problematic Skin (apply with sponge applicator)	Acne Prone	6-12 treatments	5 minutes	4 weeks
	Active Acne	6-12 treatments	5-7 minutes	2 weeks

Indications for the use of Nimue Super Fluids				
Retinol Super Fluid	Vitamin C Super Fluid	Prebiotic Super Fluid	Transdermal NAD Super Fluid	Cyanoacrylate Super Fluid
Skin showing fine lines, wrinkles and age spots	Hyperpigmentation and dull skin	Problematic and acne prone skin	Dull skin showing signs of wrinkles and sagging skin	Sensitised and inflamed skin

Step 10	Neutralise	Neutraliser Plus ONLY
Step 11	Nimue-TDS™	Optional Extra: Nimue-TDS™
Step 12	Mask	Optional Extra: Anti-Ageing Treatment Mask/Alginate Mask
Step 13	Aftercare	After Care Hydrator/Hyaluronic Acid Gel
Step 14	Sun Protection	SPF 40

