

Nimue Thermal Detox Peel | step-by-step



Treatment Steps	Treatment Description	Nimue Products
Step 1	Consultation	Client Consultation Form & Consent Form
Step 2	Eye & Lip Make Up Removal	Eye Make Up Remover
Step 3	Cleanse	Cleansing Gel
Step 4	Condition	Conditioner
Step 5	Prep	Alcohol Pad
Step 6	Prep	Hydro Lip Protection
Step 7	Active Treatment	Thermal Detox Peel

Guidelines for the use of Thermal Detox Peel (time dependent)

5-10 minutes, dependent on skin sensitivity and tolerance levels

Step 8	Removal	2-3 water saturated disposable compresses
Step 9	Cleanse	Cleansing Gel (remove with water saturated disposable compress)
Step 10	Nimue-TDS™	Environmentally Damaged Skin Hyperpigmented Skin Problematic Skin Interactive Skin

Indications for the use of Nimue-TDS™

Environmentally Damaged	Hyperpigmented Skin	Problematic Skin	Interactive Skin
Impaired Barrier	Impaired Barrier	Impaired Barrier	Impaired Barrier
Fatigued & Ageing Skin	Hyperpigmentation	Acne	Ageing Skin
Photo Damaged Skin	Uneven Skin Tone	Redness	Sensitised Skin
Dull Skin	Dull Skin	Breakouts	Sensitive Skin/ Hypersensitive Skin
Dark Circles around eye area	Inflammation	Inflammation	Fine Lines & Wrinkles

Step 11	Aftercare	After Care Hydrator
Step 12	Sun Protection	SPF 40